



U^r Urban River

■ Pay & Display Car Park

M South Shields Metro Station

F Ferry Terminal

..... On foot only

Let's meet...

75 King Street
South Shields
Tyne & Wear
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Our office is based in South Shields on King Street next door to the British Heart Foundation.

BY CAR

Whether coming from North or South the best way to access South Shields is from the A19.

From the A19 you would need to come off to join the A194.

Once heading east along the A194, go straight over (taking the 2nd exit) the next 6 roundabouts for 1.6 miles.

Then take the 1st exit to stay on the A194 then go straight over (taking the 2nd exit) the next 4 roundabouts for 1 mile.

At the next roundabout take the second exit heading right towards the Town Hall.

Take the next left after Lifestyle Fitness Health Club onto Garden Lane Rd.

Drive 300 metres and the nearest car park is on the left.

BY METRO

We are situated about 250 metres from South Shields Metro Station. Leaving the Metro station from the King St entrance turn left and we are 250 metres up on your left hand side.

BY FERRY

From the South Shields ferry terminal walk forwards towards the town centre, through the market square leading onto King Street. Continue walking for 200 metres and we are on the right hand side.